



# MONDAY

# TUESDAY

# WEDNESDAY

# THURSDAY

# FRIDAY

## Week 1

- M Home-made Bolognese
- V Vegetable spring Roll (DF)
- S Spaghetti, garlic bread, seasonal vegetables
- D Chocolate shortcake & sauce

- M Toad in the hole
- V Spaghetti Neopolitan
- S Pasta, wedges, seasonal veg
- D Oat slice & custard

- M Roast chicken thigh (DF/GF) and stuffing
- V Sweet potato & parsnip bake
- S Roast or mashed potato, seasonal vegetables, gravy
- D Mini-doughnuts

- M Home-made beef cobbler
- V Quorn sausage (DF)
- S Mash potato, pasta, seasonal vegetables
- D Apricot & apple crunch & custard

- M Fish fingers & tomato sauce (DF)
- V Chilli cheese nuggets
- S Chips, pasta, seasonal vegetables
- D Home-made cookie & (DF) fruit juice

### MEAT FREE DAY

## Week 2

- M Mediterranean pasta bake (DF)
- V Chickpea & cauliflower curry
- S Crusty bread, seasonal vegetables
- D Apple cake & custard

- M Hunter's chicken
- V Butter bean and tomato casserole (DF/GF)
- S Pasta, sauté potatoes, seasonal vegetables
- D Ginger cake & toffee sauce

- M Roast gammon & pineapple (DF/GF)
- V Quorn roast
- S Roast/mashed potato, seasonal vegetables and gravy
- D Meringue nest & mandarins

- M Home-made sausage roll (DF)
- V Spicy bean burger (DF)
- S Pasta, wedges, beans
- D Chocolate semolina

- M Salmon nuggets & tomato sauce (DF)
- V Cheesy wheel
- S Chips, pasta and seasonal vegetables
- D Home-made cookie (DF) & apple Juice

### MEAT FREE DAY

## Week 3

- M Margherita Pizza
- V Bean Paella (DF/GF)
- S Potato crispies, pasta and
- D Sticky toffee pudding and custard

- M Kerala Curry
- V Quorn dippers (DF)
- S Rice, naan bread, seasonal vegetables
- D Fruit sponge

- M Roast loin of Pork (DF/GF) and apple sauce
- V Lentil loaf
- S Roast/mashed potato, seasonal vegetables and gravy
- D Cheese & biscuit with an apple wedge

- M Chicken & Leek Pie
- V Meat-free (DF/GF) chilli & nachos
- S Pasta, new potatoes and seasonal vegetables
- D Chocolate crunch

- M Fish fillet & tomato sauce (DF)
- V Spanish omelette
- S Chips, pasta, seasonal vegetables
- D Home-made cookie (DF) & apple Juice

If you have any allergy concerns, please call in and see Sally the canteen manager

Price per meal: £2.50

Key to menu items: M: Main V: Vegetarian S: Sides D: Dessert (DF/GF) Dairy Free/

Jacket potato, yoghurt, fresh fruit and fresh salad are available every day

Week 1 Week 2 Week 3 Holiday/inset

| September 2024 |    |    |    |    |    |    |
|----------------|----|----|----|----|----|----|
| S              | M  | T  | W  | T  | F  | S  |
| 1              | 2  | 3  | 4  | 5  | 6  | 7  |
| 8              | 9  | 10 | 11 | 12 | 13 | 14 |
| 15             | 16 | 17 | 18 | 19 | 20 | 21 |
| 22             | 23 | 24 | 25 | 26 | 27 | 28 |
| 29             | 30 |    |    |    |    |    |

| October 2024 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| S            | M  | T  | W  | T  | F  | S  |
|              |    | 1  | 2  | 3  | 4  | 5  |
| 6            | 7  | 8  | 9  | 10 | 11 | 12 |
| 13           | 14 | 15 | 16 | 17 | 18 | 19 |
| 20           | 21 | 22 | 23 | 24 | 25 | 26 |
| 27           | 28 | 29 | 30 | 31 |    |    |

| November 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
|               |    |    |    |    | 1  | 2  |
| 3             | 4  | 5  | 6  | 7  | 8  | 9  |
| 10            | 11 | 12 | 13 | 14 | 15 | 16 |
| 17            | 18 | 19 | 20 | 21 | 22 | 23 |
| 24            | 25 | 26 | 27 | 28 | 29 | 30 |

| December 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
| 1             | 2  | 3  | 4  | 5  | 6  | 7  |
| 8             | 9  | 10 | 11 | 12 | 13 | 14 |
| 15            | 16 | 17 | 18 | 19 | 20 | 21 |
| 22            | 23 | 24 | 25 | 26 | 27 | 28 |
| 29            | 30 | 31 |    |    |    |    |

| January 2025 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| S            | M  | T  | W  | T  | F  | S  |
|              |    |    | 1  | 2  | 3  | 4  |
| 5            | 6  | 7  | 8  | 9  | 10 | 11 |
| 12           | 13 | 14 | 15 | 16 | 17 | 18 |
| 19           | 20 | 21 | 22 | 23 | 24 | 25 |
| 26           | 27 | 28 | 29 | 30 | 31 |    |

| February 2025 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
|               |    |    |    |    |    | 1  |
| 2             | 3  | 4  | 5  | 6  | 7  | 8  |
| 9             | 10 | 11 | 12 | 13 | 14 | 15 |
| 16            | 17 | 18 | 19 | 20 | 21 | 22 |
| 23            | 24 | 25 | 26 | 27 | 28 |    |