



Learning & growing together,
taking every opportunity.

ACHIEVE · RESPECT · ADVENTURE

PSHE Intent Statement

At Newton Poppleford Primary School, we aim to equip our pupils with the ability to understand, appreciate, celebrate and respect our common humanity, diversity and differences; to enable them to develop effective and fulfilling relationships that will form a fundamental part of their life and learning. We believe Personal, Social, Health and Economic education (including Relationships Education) should not just be taught explicitly, but be embedded in every interaction we have with our pupils. We promote understanding and acceptance over simplistic tolerance. We seek to equip our pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

At Newton Poppleford, we deliver our PSHE and RSE curriculum via five main themes:

- **Families and Relationships** (including bullying, stereotyping and respecting differences)
- **Health and Wellbeing** (exploring physical and mental health)
- **Safety and the Changing Body** (featuring digital safety, road safety, puberty and first aid)
- **Citizenship** (responsibility, community, democracy)
- **Economic Wellbeing** (exploring money and career aspirations).

We also take time with each year group to help them manage Transition as well as looking specifically in Year 6 at Identity.

We firmly believe that our teachers are best placed to understand the needs of their pupils and as such, we adopt a flexible approach to teaching PSHE: whilst we follow the Kapow scheme to cover the statutory content outlined in the National Curriculum, we recognise that situations arise in which we must ensure we tailor our PSHE programme to reflect the needs of our pupils. For example, when an issue arises with an individual, a group of pupils, within a class (this could include bullying, bereavement or issues surrounding digital or online safety) or even a local, national or global issue, we will respond accordingly, adapting and changing lessons and inviting professionals in to support and enrich the pupils' learning and wellbeing where appropriate.

We also believe communication with parents, carers and our wider community is essential to ensuring our curriculum meets the needs of our pupils. This is a two-way effort as we encourage parents to speak to staff about home issues that might affect their child as well as making sure we keep parents well informed regarding issues that arise and also in terms of the vocabulary we will be using in lessons to avoid any misunderstandings.

By learning and growing together, we aim to help our pupils develop the qualities they need to thrive as individuals, family members, members of society and as part of the global community.

