

# SCHOOL MATTERS

THE FORTNIGHTLY NEWSLETTER FROM NEWTON POPPLEFORD SCHOOL

## Friday 10th February 2023

### A Message From Mr Pope

Dear All,

In school, Mental Health Week has been in full swing and I would like to express my thanks to Miss Habbishaw who organised everything. Classes have engaged in numerous activities over the week to improve and focus on their well-being. Our pupil 'fun leaders' played a key role in planning and launching our events and ran a competition across the week. Their idea was that each class had to have an hour session creating cartoons and inventing a character of their choice that told a story. That story linked to one of our five areas: Connect with other people, Be physically active; Learn new skills; Give to others; pay attention to the present moment-mindfulness. They have chose then winners and they will receive an hour's session with Mr Long playing games and activities of their choice. Congratulations to the winners!

We cannot believe half a year has passed. It has been extremely eventful and the school continues to be a positive and supportive environment for the pupils. As always, I want to express my gratitude to the community for your continued support and of course to the amazing staff team here at Newton Popleford. They continue to be a credit and an asset to the community. Last but not least, our pupils are simply amazing and we are so proud of their attitude and application to everything they do. Well done all of you.

Best Wishes,

Mr A Pope



### Connecting Reception

In reception this week we had to pass the hoop around whilst everyone was still holding hands. We did it every day and got better and better at it. We liked helping each other get it over our heads!



[www.newton-popleford.devon.sch.uk](http://www.newton-popleford.devon.sch.uk)

☎ 01395 568300

✉ [admin@newton-popleford.devon.sch.uk](mailto:admin@newton-popleford.devon.sch.uk)

For any Twilight after school club matters please phone the main school number.



## Year 1 & 4 Shared Poetry

Here are some pictures of when Year 4 came to visit Year 1 to share some poetry that both classes had been writing.



## Year 5 Parish Planting

On Friday 27th January Year 5 were invited down to the playing fields to help the local Parish Council plant trees. The children all had a great time and learnt how important it is to protect the roots and how best to preserve the trees. They worked at great speed (which surprised the organisers), managing to plant over 70 trees, which was a fantastic achievement.



## Adventure Island

In the last couple of weeks we have all worked together to help maintain Adventure Island by spreading woodchip in muddy areas and using secateurs to cut back brambles. On several occasions children have talked about how unexpectedly fun gardening is, especially pushing the wheelbarrow, and we all felt a great sense of achievement when we saw the new pathways we had worked hard to create. In other news, we have had a huge sparrow hawk perched in the trees near the pond all week! Year 1 were lucky enough to see it when we took part in the RSPB big school birdwatch which was super exciting. We have been keeping an eye on it and several children report seeing it fly from the pond with a frog in its claws, what an amazing moment to witness! A big thank you to Sidmouth Pets for the kind donation of bird seed which we used to fill our feeder, ready for the RSPB big school bird watch. Also thank you to Rowse Tree Services for the generous donation of woodchip.





## Glow In The Dark Dodgeball

This term we invited Sporty Stars to run some Glow In The Dark Dodgeball sessions. The club was a great success and the children thoroughly enjoyed it. There were some great shots and some great dodges but everyone had a really good (but very tiring) time.



## Accelerated Reader Word Count

Whole School Word Count - 26,882,766.

Class: Morison-Eagles 1,183,994-Winner

Class: Bradley-Kites 707,162 Well Done

Class: Turner-Buzzards 889,030 Great Job

Class: Laureys-Kestrels 1,080,856 So Close

Class: Gaston-Tawny Owls-53,699 Amazing

## Gentle Reminders

- **Parking Outside Of The School:** Please be aware of others. The pub has very kindly allowed us to use this car park.
- **Registration Times:** Pupils need to be in class by 09:00am for registration. Arrival after 09:00am is a late mark.

## School Menu

Below is our new School Spring/Summer Menu that will come into effect after Half Term .

|  |   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |                              |  |  |  |
|--|---|---|---|---|---|--|------------------------------|--|--|--|
| If you have any allergy concerns, please call in and see Sady, the canteen manager | Week 1  | M West country sausages (DF)<br>V Mediterranean quiche<br>S Mash, pasta, beans<br>D Toffee crisp            | M Crispy coated lemon chicken<br>V Spiced greens, sweet potato & lentil curry (DF)<br>S Noodles, potatoes, veg. of the day<br>D Iced sponge | M Roast gammon & pineapple (DF)<br>V Homity pie<br>S Roast/creamed potatoes, veg. of the day, gravy<br>D Chocolate mousse   | M Home-made lasagne<br>V Ratatouille crumble<br>S Garlic bread, veg. of the day<br>D Muell crunch                   | M Fish fingers & tomato sauce (DF)<br>V Pizza muffin<br>S Chips, pasta, peas & sweetcorn<br>D Home-made cookie/biscuit & fruit juice                 | <b>Price per meal: £2.50</b> |  |  |  |
|  | Week 2  | M Pepperoni pizza<br>V Mixed curried beans<br>S Wedges, pasta, veg. of the day<br>D Sticky chocolate slice  | M Beef & mushroom stroganoff<br>V Quorn burger (DF)<br>S Mash, pasta, veg. of the day<br>D Iced carrot cake                                 | M Roast fillet of chicken (DF) with Yorkshire pudding<br>V Veggie cottage Pie<br>S Roast/creamed potatoes, veg. of the day, gravy<br>D Fruit cocktail & ice-cream | M Home-made meatballs (DF)<br>V Cheesy leek pasta<br>S Crusty bread, pasta, veg. of the day<br>D Lemon drizzle cake | M Fishcake & tomato sauce<br>V Southern fried vegan wings (DF)<br>S Chips, pasta, peas & sweetcorn<br>D Home-made cookie/biscuit & fruit juice       |                              |  |  |  |
|  | Week 3  | M Sweet 'n' sour chicken (DF)<br>V Quorn dippers (DF)<br>S Rice, noodles, veg. of the day<br>D Plain sponge | M Tuna & sweetcorn pasta bake<br>V Vegetable fajita (DF)<br>S Crusty bread, veg. of the day<br>D Scottish shortbread                        | M Roast pork & stuffing (DF)<br>V Parsnip, shallot & mammit tartin (DF)<br>S Roast/creamed potatoes, veg. of the day, gravy<br>D Drottleroles                     | M Beef burger in a bap (DF)<br>V Veggie sausage (DF)<br>S Saute potatoes, beans<br>D Jam tart & cream               | M Salmon bites & tomato sauce (DF)<br>V Spinach & mushroom pin-wheel<br>S Chips, pasta, peas & sweetcorn<br>D Home-made cookie/biscuit & fruit juice |                              |  |  |  |
|  | Key to menu items: M: Main V: Vegetarian S: Sides D: Dessert (DF): Dairy free<br>Week 1 (Yellow) Week 2 (Pink) Week 3 (Green) Holiday/inset (Red) |   |   |   |   |  |                              |  |  |  |

| February 2023 |   |   |   |   |   |   | March 2023 |   |    |    |    |    |    | April 2023 |    |    |    |    |    |    | May 2023 |    |    |    |    |    |    | June 2023 |    |    |   |   |   |   | July 2023 |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |
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| S             | M | T | W | T | F | S | S          | M | T  | W  | T  | F  | S  | S          | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  | S         | M  | T  | W | T | F | S | S         | M | T | W | T | F | S |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |
| 1             | 2 | 3 | 4 | 5 | 6 | 7 | 8          | 9 | 10 | 11 | 12 | 13 | 14 | 15         | 16 | 17 | 18 | 19 | 20 | 21 | 22       | 23 | 24 | 25 | 26 | 27 | 28 | 29        | 30 | 31 |   |   |   |   | 1         | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |  |  |  |  |

## World Book Day 2023

World Book Day 2023. We will be celebrating World Book Day on Friday 3rd March. All children are invited to dress up as their favourite book character and bring in their favourite book from home. We will be doing shared reading across the classes



### Care Café

On the first Monday of every month come and share our warmth, hot drinks, and cakes. The first Care Café will be held on Monday 6th March 9:00am-10:30am. Support is available if needed from Parent Support Advisor, Pastoral Lead and our SENDCO. With or without reason we welcome you to our Care Café.

### PTFA

Thank you so much to everyone who came to the Christmas Fair, this event raised a staggering £1,100 for the PTFA! Special thanks to the team of special Christmas elves who made the magic happen.

**School Lottery** tickets available from [yourschoollottery.co.uk](https://yourschoollottery.co.uk). We have a weekly jackpot winner from our school, plus the chance of winning the £25,000 jackpot, plus this term you can win an entire year of HelloFresh deliveries!

**Watch This Space** for details of next half term's PTFA events, including a Book Fair and our Easter Eggstravaganza!

**Get Involved!** If you'd like to join the PTFA WhatsApp group so you can get involved and help our awesome team, text Teri on 07909798441 or talk to your class rep!

#### Budleigh Salterton Library – Half term activities

##### Children's Seed Planting

**Monday 13<sup>th</sup> February between 9.30-4.30pm**

We are looking for some small volunteers to come and help us plant seeds to grow and sell at our plant sale in May.

It would be brilliant if you could pop into the library and do some work in our garden for us! We have butternut squash, strawberry, pumpkin, tomato and sunflower seeds that will need planting and labelling.

Every helper will be able to take away a seed in a pot to grow at home.

##### Children's Flower and Minibeast Craft

**Thursday 16<sup>th</sup> February between 9.30-4.30pm**

Come and make a beautiful felt flower or a colourful minibeast. There will be colouring and sticking for younger children to do.

There is no need to book either of these activities. Just turn up at any time and join in the fun. Both of these events are free and children of all ages are welcome.

### Budleigh Salterton Library-Half Term Activities

Budleigh Salterton Library are offering two free activities during the February Half Term: Monday 13th February between 9.30am-4.30pm is Children's Seed Planting. Thursday 16th February is Children's Flower and Minibeast Craft from 9.30am-4.30pm. There is no need to book either of these activities. Just turn up at any time and join in the fun. Both events are **FREE** and children of all ages are welcome.

### Harpford Red Bridge Campaign

Connect our community - Harpford & Newton Poppleford: This is a campaign to save the Red Bridge that connects Harpford & Newton Poppleford. This bridge enables pedestrians to walk safely between the villages and avoid the main road. Please see the link below if you would like to find out more.

<https://www.change.org/p/connect-our-community-harpford-and-newton-poppleford>



## Welcome to the February 2023 Scomis Online Safety Newsletter for Parents and Carers

### Online Gaming

*In the December 2022 issue of the SCOMIS Online Safety newsletter we recommended 'setting up before wrapping up' video games and consoles. In this issue we sign-post you to the advice and guidance available for parents and carers about Online Gaming. Knowing where begin looking can be a challenge! The following websites have lots of information, summarised as follows:*

Childnet—[Online Gaming; an introduction for parents and carers](#) includes advice on:

- How and where to play safely
- The risks
- Frequently asked questions
- Support and information

CEOPS ThinkUKnow—[Gaming: what parents and carers need to know](#) includes advice on:

- 3 ways to make gaming safer for your child
- how risky is in-game chat?
- how to tell what is an age appropriate game
- In App purchases

Internet Matters—[Online Gaming | Resources for Parents - Internet Matters](#) includes advice on:

- setting parental controls on games and consoles
- gaming guides for parents
- gaming guides for children
- gaming books

Family Lives—[Gaming | Family Lives](#) includes advice on:

- talking to your child about gaming
- keeping teens safe
- setting boundaries

watch the video on Pros and cons of social media: [top tips to help parents of teens](#)

NSPCC— Online Games: [understand the risks and get advice to help children play online games safely](#)

Find out more about:

- age ratings of games they play
- messaging and contact functions on the games
- trolling, grieving and scams
- how to report problems

Young Minds—[Gaming: A guide for parents](#) includes:

- how gaming may affect mental health
- what to do if you are worried
- finding professional help
- further support

South West Grid for Learning—[Online Safety and Gaming](#)

Includes articles on:

- what is gaming?
- benefits of gaming
- why people game
- the gaming community
- basic privacy and security settings

Review the [Gaming Dictionary](#) and discover the meaning of: FPS, CCG, MMO and much more.

Reminder—check the websites:

[Childnet's Parent and Carer's Toolkit](#)

[ThinkUKnow's advice for Parents and Carer's](#)

### Screen time—Benefits v Potential Risks

Have you considered the effects of screen time for your child?

Benefits of screen time identified by [Internet Matters](#)

include:

- Online games and activities can enhance teamwork and creativity
- The internet gives children access to a wealth of information to help build their knowledge
- Interacting with computers improves both visual intelligence and hand-eye coordination

Potential risks include:

- Sleep cycles are affected by blue light from the screen
- Impact on behaviour
- Impact on brain development

Review [Internet Matters](#) article in full [here](#)

Watch the [video](#) from [Common Sense Media](#) on the 5 signs to make sure your child has a healthy relationship with screen time



### Social Media Guides

Is your child using Social Media?

Is your child using chat sites to talk to family and friends?

Is your child sharing selfies?

Do you need help with setting up parental controls?

If you answered yes to any of the above questions visit [Internet Matters](#) and review their advice and guidance on: Facebook Messenger Facetime Instagram Skype TikTok Whatpad Whatsapp Youbo (and more!)



**Remember** if your child is gaming online, they may be chatting and communicating with other players or friends. [Internet Matters](#) has provided safety guides to help keep your child safe on:

[Steam](#) [Xbox live](#) [Twitch TV](#) [Roblox](#) [Minecraft](#) [PlayStation](#)

[Network](#) [Nintendo Network](#) – NB Nintendo's consoles are more family-friendly than most and therefore its chat functionality is a lot more geared to safe interaction for younger players.

### Need Help in the holidays?

Remember FREE advice is just a phone call away from the NSPCC helpline: 0808 800 5002

## Dates for Your Diary Up to Half-Term

|                                    |  |
|------------------------------------|--|
| <b>Mon 13th—Fri 17th February:</b> | Half-Term  |
| <b>Monday 20th February:</b>       | First day back for Pupils                                    |
| <b>Wednesday 22nd February:</b>    | Year 3 School Trip<br>Year 5/6 New Age Curling               |
| <b>Thursday 23rd February:</b>     | EYFS Book Event  |
| <b>Friday 3rd March:</b>           | World Book Day 2023  |
| <b>Monday 6th March:</b>           | Care Café  |
| <b>Tuesday 7th March:</b>          | Year 5 School Trip   |
| <b>Wednesday 8th March:</b>        | Steve Manning Story Teller Year 4<br>Year 5/6 Girls Football |
| <b>Thursday 9th March:</b>         | Year 1 PTFA Cake Sale  |
| <b>Friday 10th March:</b>          | Cricket Engagement Day                                       |
| <b>Wednesday 15th March:</b>       | Year 5/6 Girls Football                                      |
| <b>Friday 17th March:</b>          | Red Nose Day Comic Relief                                    |
| <b>Monday 20th March:</b>          | Scholastic Book Fair (until Thursday)                        |
| <b>Wednesday 22nd March:</b>       | Year 3/4 Tag Rugby Mega fest                                 |
| <b>Monday 27th March:</b>          | Parents Evening Week   |
| <b>Wednesday 29th March:</b>       | Year 2 Multiskills Festival                                  |
| <b>Friday 31st March:</b>          | Last Day Of Term   |
| <b>Monday 17th April:</b>          | First Day Back For Pupils                                    |