

If you have any allergy concerns, please call in and see Sally the canteen manager



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week 1

- M Toad in the hole
- V Quorn fillet (DF/GF)
- S Wedges, pasta, veg. & gravy
- D Honey cake

- M Battered chicken pieces
- V Vegetable Spanish casserole (GF)
- S Pasta, sauté potatoes, beans
- D Syrup sponge & custard

- M Roast loin of pork & apple sauce (DF/GF)
- V Tomato tumble
- S Roast or mashed potato, veg. of the day, gravy
- D Mini-doughnuts

- M Pasta Carbonara
- V Vegetable chilli (DF/GF)
- S Crusty bread, rice, veg. of the day
- D Chocolate brownie

- M Fish fillet & tomato sauce
- V Cheesy wheel
- S Chips, pasta, peas & sweetcorn
- D Home-made cookie & (DF) apple Juice

Week 2

- M Spaghetti bolognaise (GF/DF)
- V Broccoli & chickpea frittata (GF)
- S Garlic bread, veg. of the day
- D Chocolate cracknel

- M Chicken, leek & tarragon Pie
- V Vegetable spring roll
- S Potatoes, pasta, veg. of the day
- D Rice pudding & strawberry coulis

- M Roast beef (GF) & Yorkshire Pudding (DF)
- V Vegetable tartlet
- S Roast or mashed potato, veg. of the day, gravy
- D Arctic roll

- M Cheese & basil pizza
- V Courgette fritter
- S Pasta, herb potatoes, veg. of the day
- D Iced sponge

- M Fish fingers & tomato sauce
- V Veggie burger
- S Chips, pasta, peas & sweetcorn
- D Home-made cookie (DF) & apple Juice

Week 3

- M Home-made cottage pie (GF)
- V Veggie sausage (DF)
- S Pasta, crusty bread, veg. of the day
- D Farm house cake & custard

- M Chicken tikka masala (GF)
- V Quorn dippers (DF)
- S Spiced wedges, rice, naan bread, vegetables
- D Orange & mango smoothie

- M Roast gammon & pineapple (DF/GF)
- V Cauliflower cheese
- S Roast, mashed potato, veg. of the day, gravy
- D Fruit jelly

- M Home-made sausage roll (DF)
- V Butternut squash and sage risotto (DF/GF)
- S Wedges, pasta & beans
- D Apple crumble & custard

- M Salmon nibbles & tomato sauce (DF)
- V Cheese & onion pasty
- S Chips, pasta, peas & sweetcorn
- D Home-made cookie (DF) & apple Juice

MEAT FREE DAY

Key to menu items: M: Main V: Vegetarian S: Sides D: Dessert (DF/GF) Dairy Free/Gluten Week 1 Week 2 Week 3 Holiday/inset
Jacket potato, yoghurt, fresh fruit and fresh salad are available every day

September 2023							October 2023							November 2023							December 2023							January 2024							February 2024								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
					1	2	1	2	3	4	5	6	7				1	2	3	4						1	2																
3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13	4	5	6	7	8	9	10		
10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20	11	12	13	14	15	16	17		
17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27	18	19	20	21	22	23	24		
24	25	26	27	28	29	30	29	30	31					26	27	28	29	30			24	25	26	27	28	29	30	28	29	30	31												
																					31																						

Price per meal: £2.50