



# MONDAY

# TUESDAY

# WEDNESDAY

# THURSDAY

# FRIDAY

## Week 1

- M Home-made lasagne
- V Sweet pepper frittata
- S Garlic bread, veg. of the day
- D Iced sponge (DF)

- M Jerk chicken (DF/GF)
- V Pearl barley risotto (VG)
- S Rice, noodles, veg. of the day
- D Flapjack (DF)

- M Roast turkey & stuffing (DF/GF)
- V Roasted vegetable tart
- S Roast/mashed potato, veg. of the day, gravy
- D Strawberry mousse (GF)

- M Butternut squash macaroni cheese
- V Vegan sausage (DF/GF)
- S Crusty bread, veg. of the day
- D Banana slice

- M Fish finger & tomato sauce (DF)
- V Cheese & spring onion quiche
- S Chips, pasta, peas & sweetcorn
- D Home-made cookie & apple juice (DF)

## Week 2

- M Pizza baguette
- V Fusilli with lemon, cream
- S Spiced wedges, veg. of the day
- D Shortcake and custard

- M Home-made meatballs (DF)
- V Lentil shepherd's pie (DF)
- S Spaghetti, veg. of the day
- D Date crunch

- M Oven baked sausages & Yorkshire pudding
- V Homity pie
- S Roast/mashed potato, veg. of the day, gravy
- D American pancake & toffee

- M Chicken and leek crumble
- V Sweet potato & lentil curry (DF/GF)
- S Pasta, diced potatoes, veg. of the day
- D Lemon drizzle cake (DF)

- M Salmon nuggets & tomato sauce (DF)
- V Vegan dippers (VG)
- S Chips, pasta, peas & sweetcorn
- D Home-made cookie & apple juice (DF)

## Week 3

- M Creamy chicken Korma (GF)
- V Pea fritters
- S Rice, Bombay potatoes, naan bread
- D Pineapple upside down sponge (DF)

- M Gourmet sausage hot-dog
- V Vegetable chow mein (DF)
- S Wedges, pasta salad
- D Ginger & lemon shortie (DF)

- M Roast Gammon & Pineapple (DF/GF)
- V Broccoli & cauliflower bake
- S Roast/mashed potato, veg. of the day, gravy
- D Raspberry Jelly (DF)

- M Southern style chicken fillet (DF)
- V Spicy Vegetable Tagine (DF/GF & VG)
- S Sauté potatoes, couscous, beans
- D Carrot cake (DF)

- M Cod Bites & tomato Sauce (DF)
- V Spicy bean fajitas (DF & VG)
- S Chips, pasta, peas & sweetcorn
- D Home-made cookie & apple juice (DF)

Price per meal: £2.50

If you have any allergy concerns, please call in and see Sally the canteen manager

Key to menu items: M: Main V: Vegetarian S: Sides D: Dessert (DF/GF/VG): Dairy Free/Gluten Free/Vegan Week 1 Week 2 Week 3 Holiday/inset

Jacket potato, yoghurt, fresh fruit and fresh salad are available every day

February 2025							March 2025							April 2025							May 2025							June 2025							July 2025						
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